

DAVE'S SALAD #000

This is stupid simple, but I really like it. Crisp and refreshing, I would be happy eating this without any dressing, but I must confess that I dig chunky bleu cheese.

INGREDIENTS

<u>Qty.</u>	<u>Unit</u>	<u>Item</u>
1	1 lb pack	Carrots
2	Largish	Cucumbers
2	1 pt. packs	Cherry / Plum Tomatoes
AR	-----	Dressing / Seasoning of Choice

SPECIAL TOOLS

- NONE!

PREPARATION

- 1) Rinse and peel the carrots
- 2) Cut carrots into approximately ¼ inch slices [i]
- 3) Rinse and peel the cucumbers
- 4) Cut cucumbers into approximately ¼ inch slices [i]
- 5) Rinse the cherry / plum tomatoes [ii]
- 6) Thoroughly mix the carrots, cucumbers, and tomatoes in a glass bowl until all veggies are evenly distributed
- 7) Plate (or should I say "bowl") and apply dressing / seasoning of choice
- 8) ENJOY !!!

NOTES

- i. Want a little variety? Try julienning, dicing, sticks, etc, etc, etc
- ii. You don't have to keep these whole. Try quartering, slicing, dicing, etc.

PICTURES



